



Medical College Outreach  
February 28, 2020

# South Philly Safe Injection Site Hits Pause



- A federal judge's ruled that a supervised injection site would not violate federal law.
- Councilmember David Oh introduced legislation that could prevent future such sites from launching
- Oh's bill would make it next to impossible to open supervised injection sites in Philadelphia by adding them to a list of what the city terms "nuisance health establishments."
- Oh's bill would require that a supervised injection site receive the approval of 90% of residents, businesses, and institutions in a one-mile radius — although it is not immediately clear how such support would be tallied, or how it would be enforced.



# Safe Injection Sites



- Supervised injection facilities have been operating in Europe, Canada, and Australia for decades, and evidence shows their effectiveness.
- SIFs have been operating in Europe since the 1980s. Reviews report that SIFs have consistently led to<sup>1,2,3</sup>:
  - fewer risky injection behaviors
  - fewer overdose deaths among clients,
  - increased client enrollment in drug treatment services,
  - reduced nuisances associated with public injection
  - saved public resources.

# Fighting the Epidemic – PA's Response

- Disaster Declaration
- Opioid Data Dashboard
- Prescription Drug Monitoring Program
- Updated Prescribing Guidelines
- Warm Handoff Protocols
- Centers of Excellence (COEs)
- Naloxone Standing Order
- Pennsylvania Coordinated Medication-Assisted Treatment Centers (PacMAT)
- Prescription Drug Take-Back Program
- PA Get Help Now Hotline
- Provider Capacity and Service Expansion

# Fighting the Epidemic – Major Focal Areas



**Prevention is a critical component for reducing the rate of substance use disorder (SUD) and overdose in the coming years.**

# Fighting the Epidemic – Prevention



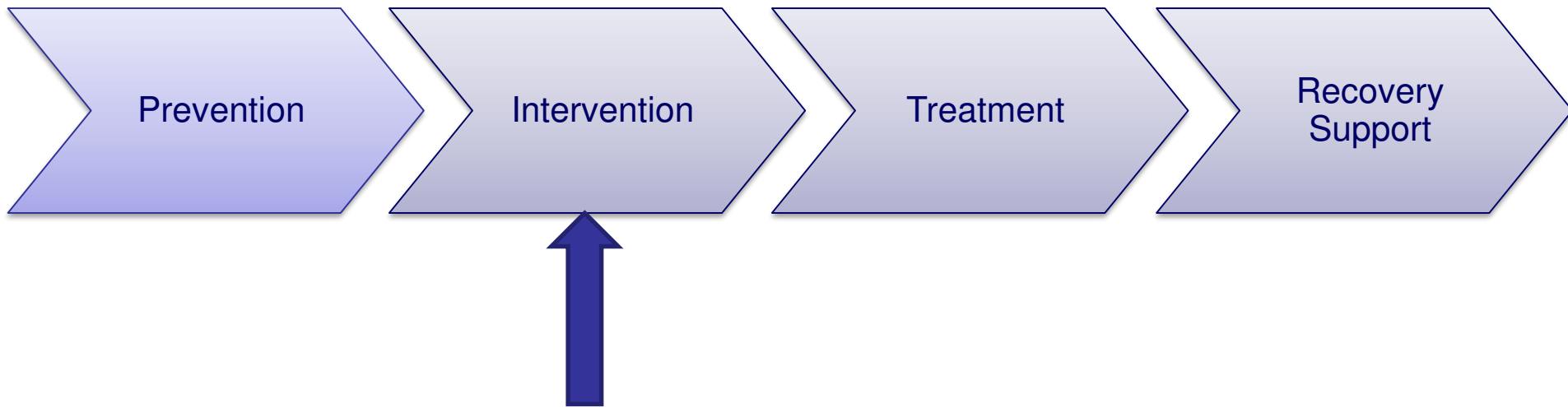
## ➤ Prescribing Guidelines

- Opioids to Treat Chronic Non-cancer Pain
- Emergency Department Pain Treatment
- Opioids in Dental Practice
- Opioid Dispensing
- Obstetrics and Gynecology Pain Management
- Geriatric Pain
- Use of Addiction Treatment Medications in the Treatment of Pregnant Patients with OUD
- Safe Prescribing of Benzodiazepines for Acute Treatment of Anxiety and Insomnia
- Safe Prescribing of Opioids in Orthopedics and Sports Medicine
- Safe Prescribing of Opioids in Pediatric and Adolescent Populations
- Safe Prescribing for Workers' Compensation

## ➤ Continuing Medical Education Course Development

## ➤ Updates to Medical School Curriculum

# Fighting the Epidemic – Prevention



**Intervention involves targeted efforts to support at-risk individuals.**



# Intervention

## ➤ Naloxone for police and first responders

- Act 139 of 2014 made naloxone available to police, firefighters and family members and friends of those at risk of heroin or other opioid overdose. Through their efforts, more than **16,000** overdoses have been reversed.
- Currently, more than 700 municipal police departments and 1,200 State Police patrol cars are equipped with naloxone through DDAP's efforts.
- Governor Wolf dedicated \$5 million for free naloxone distribution to first responders across the state.

### How do I get naloxone?

- Doctor's prescription
- Standing order (a prescription written for the general public, rather than specifically for an individual) issued by, then Physician General, now Secretary Dr. Rachel Levine

### Types of naloxone commonly used

- Narcan Nasal Spray (manufactured by Adapt Pharma)
- Evzio Auto-Injector (manufactured by Kaleo)



### Training is available

- [www.getnaloxonenow.org](http://www.getnaloxonenow.org)
- <https://www.pavtn.net/act-139-training>

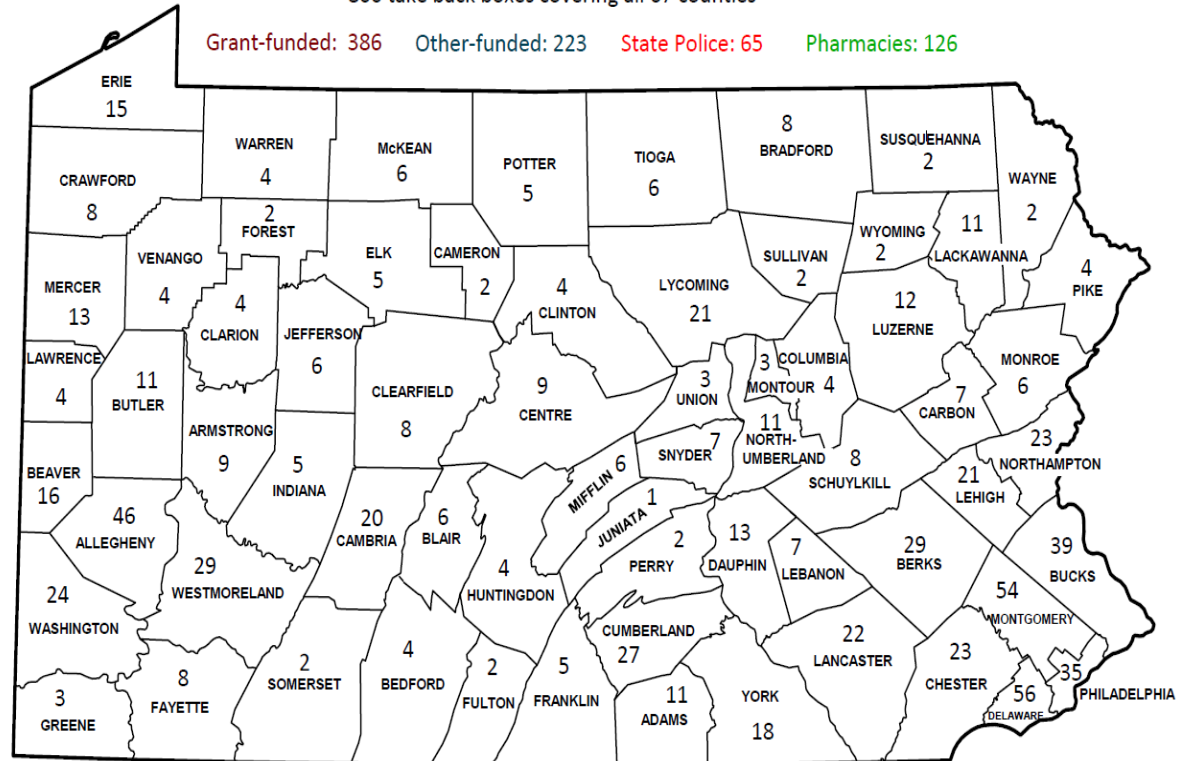


# Intervention

NUMBER OF TAKE BACK DRUG BOXES BY COUNTY \*as of Sept. 26, 2018

800 take back boxes covering all 67 counties

Grant-funded: 386 Other-funded: 223 State Police: 65 Pharmacies: 126

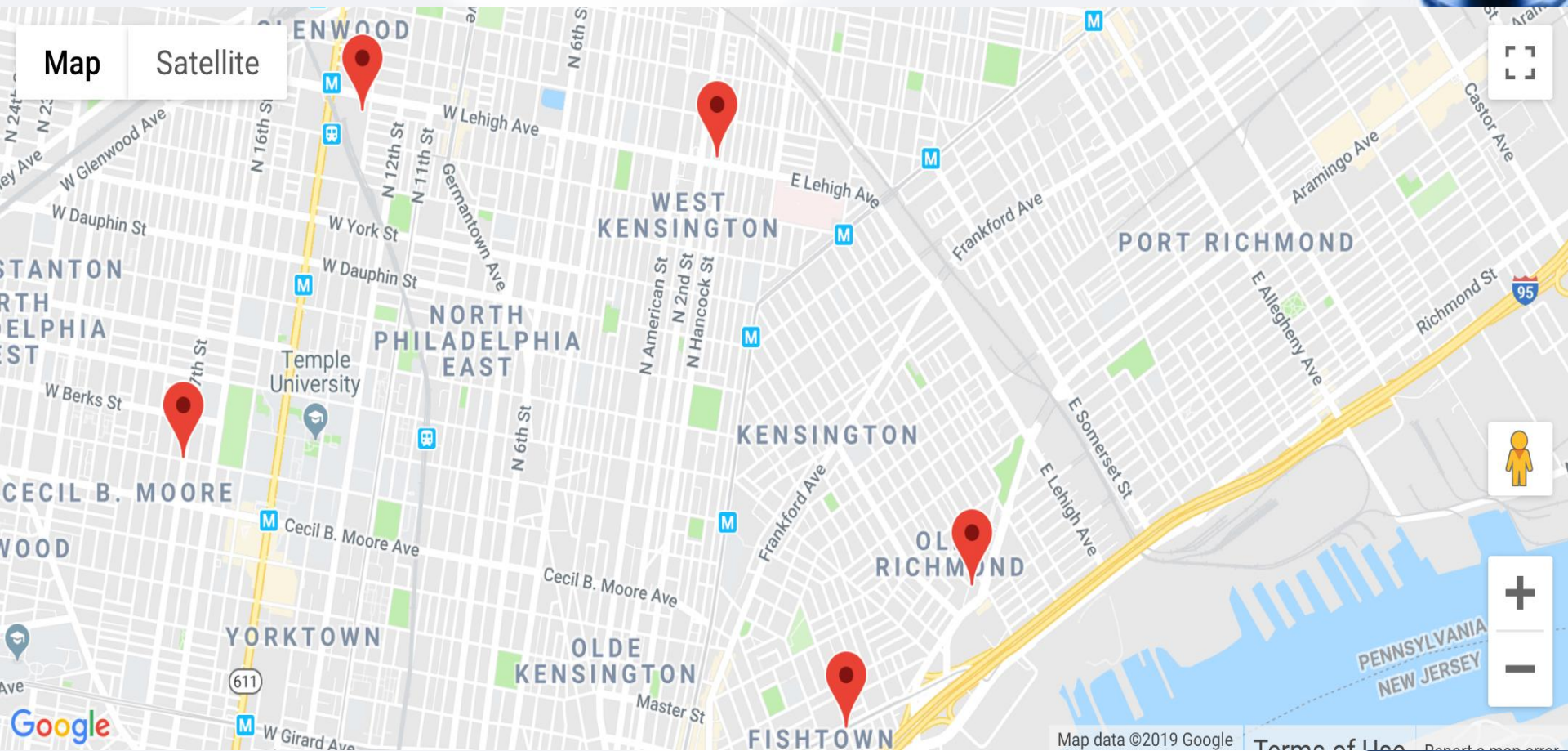


## ➤ Prescription Drug Take-Back Program

**2018:** 103,150lbs.  
**2017:** 162,049lbs.  
**2016:** 124,336 lbs.

**Over 440,000 lbs. of medication has been collected and destroyed since January 2014**

# Local Drug Take Back Boxes



# Intervention (and referral to Treatment)

## ➤ Warm handoff

A protocol to get overdose survivors directly from emergency department into to treatment.

Single County Authorities are required by DDAP's Treatment Manual to have warm handoff procedures in place, which necessitate coordination with hospital emergency departments and Centers of Excellence (COEs).

**ROAD TO RECOVERY:  
LIFE IS POSSIBLE AFTER OVERDOSE**

- 1 NALOXONE ADMINISTERED**  
Life-saving medication administered to patient that reverses opioid overdose.
- 2 EMERGENCY CARE**  
Emergency treatment for overdose survivor at hospital emergency department.
- 3 WARM HANDOFF**  
Direct transfer of overdose survivor from emergency department to drug treatment provider.
- 4 DRUG TREATMENT**  
Help survivors get treatment for their opioid addiction.

 **pennsylvania**  
DEPARTMENT OF HEALTH

 **pennsylvania**  
DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS

# Intervention (and referral to Treatment)



## ➤ **Student Assistance Program**

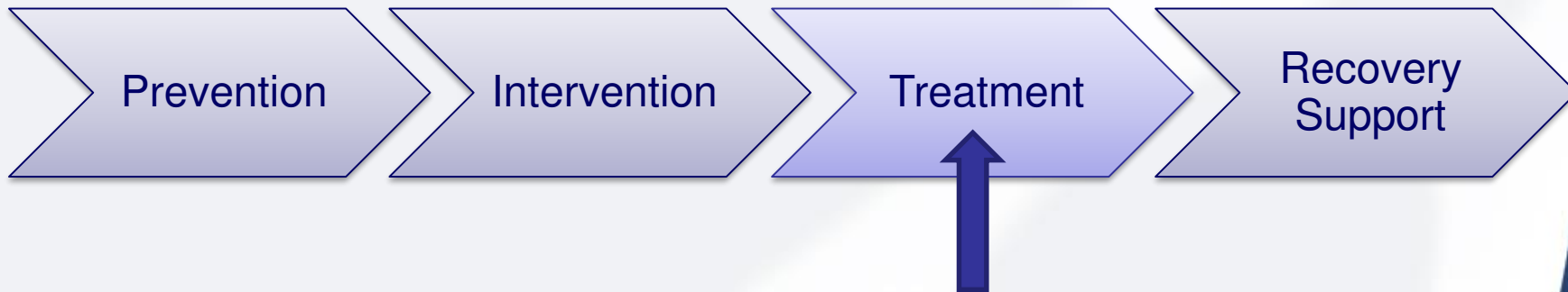
This evidence-based approach involves the coordination of a range of professionals to identify, screen, and refer at-risk youth to appropriate SUD clinical services.

## ➤ **Prescription Drug Monitoring Program (PDMP)**

Collects information on all filled prescriptions for controlled substances. This information helps health care providers safely prescribe controlled substances and helps patients get the treatment they need.

**Outcomes:** Opioid prescriptions are down 23% from 2016  
Doctor shopping eliminated





**Treatment, as clinically assessed, must be accessible and available.**

# Treatment



- **Ensuring Clinical Integrity**
- **Implementation of American Society for Addiction Medicine (ASAM) Criteria Placement Tool**
  - **Implemented July 2018**
  - **Benefits include:** Shifting clinicians from checklists to a more individualized approach, addressing MAT in a more comprehensive manner; standardizing PA with others across the nation; aligning the tool used for both adult and adolescent assessments; allowing for submission and approval of an 1115 waiver; and integrating with the new DDAP treatment data system (i.e. WITS)
- **Implementation of a new Treatment Data System (WITS)**
  - **Implemented July 2018**
  - **Goals:** Enable PA to meet its Substance Abuse Prevention and Treatment block grant requirements to ensure continued program funding and replace the previous treatment data system that was decommissioned in 2015.

# Treatment

## ➤ Provider Capacity and Service Expansion

PA has received several federal grants including the 21<sup>st</sup> Century Cures grant, the State Opioid Response (SOR) grant, and several grants focused on expanding MAT, as listed below.

- **Enhancing Services through the Centers of Excellence (COE)** – COEs focus on Medication Assisted Treatment (MAT) and evidence-based practices to coordinate care for Medicaid patients with Opioid Use Disorder. Treatment is “whole-person focused” to integrate behavioral health, primary care, and substance use treatment. In addition, wrap-around supportive services are provided to improve the likelihood of sustained recovery. Each COE is expected to increase access for 300 new clients annually and report on quality metrics.
- **Creation of PacMAT (Pennsylvania Coordinated Medication Assisted Treatment) Centers** – Hub and spoke model for uninsured and privately insured patients. Similar concept to the COEs but provides and addiction medicine specialist at the hub. PA utilized \$7 million of its 21<sup>st</sup> Century Cures Grant funding to establish 8 PacMAT centers. We also received a \$5.7 million MAT grant from SAMHSA to implement a large-scale PacMAT center in partnership with UPMC. SOR funds will be used to expand capacity for these centers.
- **Access to MAT in Rural PA** – PA received a \$3 million grant to expand MAT services in rural areas.
- **Allocation to Single County Authorities** - \$12 million each year for 2 years from the 21<sup>st</sup> Century Cures grant has been allocated to local authorities for the purpose of expanding access and services. An additional amount from the SOR grant will be allocated as well.



# Treatment



## ➤ **MAT Initiation in the Emergency Department**

## ➤ **Workforce Development**

## ➤ **PA Get Help Now Hotline**

- Available 24/7, 365 days a year
- More than 34,000 calls received since November 10, 2016
- Approximately 45% of calls result in a warm line transfer directly into treatment
- Text and chat features are available, which may be more enticing to younger generations
- Helps access treatment providers through a warm line transfer, provides county resources, assists with navigating insurance benefits, identifies drug-take back box locations, and much more

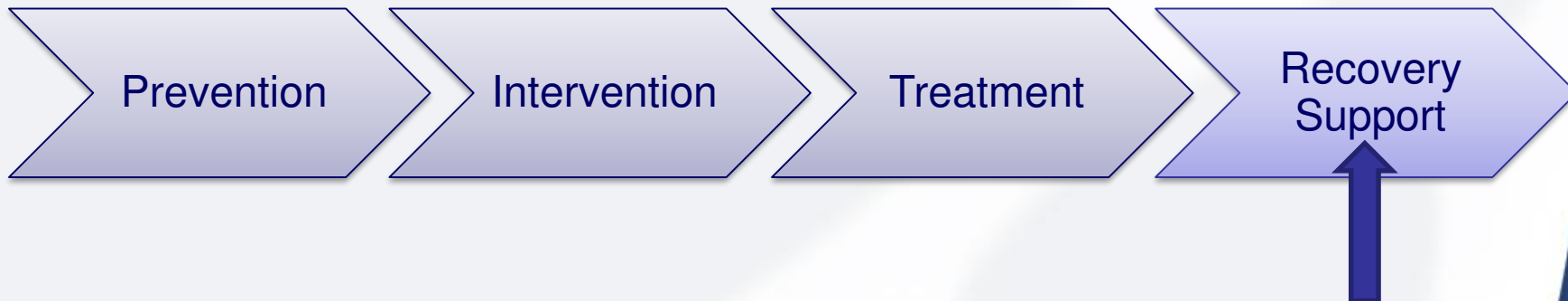
**HEROIN OR PRESCRIPTION  
DRUG PROBLEM?**

1-800-662-HELP

GET  
HELP

| [www.pa.gov/opioids](http://www.pa.gov/opioids)

 **pennsylvania**  
Department of Health



**Recovery supports are non-clinical services that supplement treatment and help individuals stay engaged in the recovery process.**

# Recovery Support

## ➤ **Safe Recovery Housing**

Senate Bill 446 was signed by Governor Wolf in December 2017 giving DDAP the authority to license/certify recovery homes receiving government funding or referrals. Regulations have been initially drafted and are being circulated internally for review. The intention is to have the regulations finalized and begin licensing/certifying by June 2020.

## ➤ **Enhanced Peer Support Services**

## ➤ **Funding and Support for Community Recovery Organizations**

## ➤ **Pathway to Pardons**

# Next Steps in PA

## ➤ State Opioid Response (SOR) Grant Funding - \$55.9 million

### Continued Funding for:

- Single County Authority treatment and prevention activities
- PacMAT
- Warm hand-off
- Public awareness campaign

### Funding of New Projects such as:

#### Housing

- Tenancy support and rental assistance in targeted communities with highest overdose
- Health Homes for pregnant women living with OUD

#### Criminal Justice

- Expand access to MAT for re-entrants
- Hire in-house medicine specialist

#### Workforce

- Establish Pennsylvania OUD Loan Repayment Program
- Partnership with Pennsylvania businesses to ease employment difficulties for individuals in recovery

# What's Coming from the Feds



## ➤ **SUPPORT Act Highlights**

- Reauthorizes 21<sup>st</sup> Century Cures Act Funding at \$500 million annually for FY 2019-2021
- Establishes a grant program for emergency rooms for overdose protocol development, including onsite peer recovery coaches
- Creates a grant program for 10 Comprehensive Opioid Recovery Centers (CORCs) nationally
- Develops best practices for recovery housing
- Establishes a student loan repayment program for SUD treatment professionals
- Reauthorizes funding for ONDCP, DFC and HIDTA programs
- Reauthorizes the Residential Treatment for Preg and Post-Partum Women (PPW) program
- Repeals (temporarily, FY 2019-2023) the IMD exclusion, allowing Medicaid programs to receive federal reimbursement for up to 30 days in a 12-month period for individuals with SUD
- Adds to the list of qualifying professionals who can prescribe buprenorphine

# References



1. Hedrich D. European report on drug consumption rooms. Luxembourg: European Monitoring Centre for Drugs and Drug Addiction; 2004. Available at: <http://www.emcdda.europa.eu/index.cfm?fuseaction=public.AttachmentDownload&nNodeID=2944&slanguageISO=EN>. Accessed October 7, 2007.
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