Can policymakers fix the opioid crisis?

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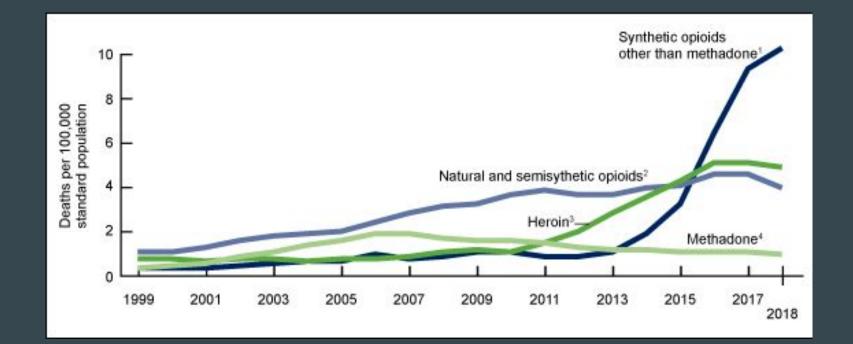
By Kimberly Leonard Senior Healthcare Reporter Washington Examiner LeonardKimberlyL@gmail.com

Drug death toll

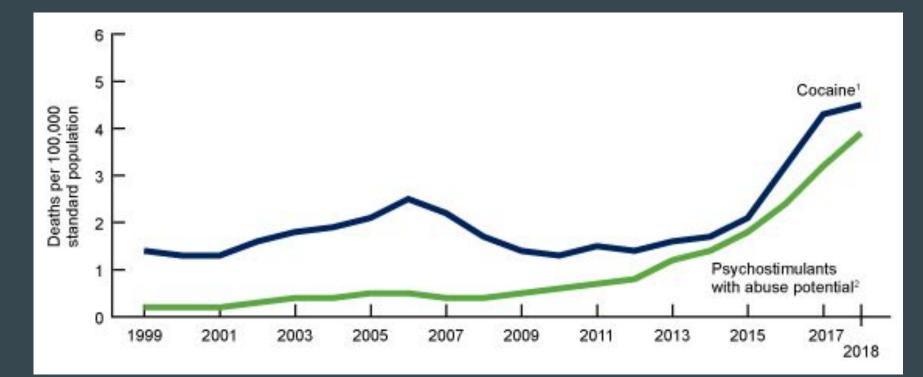
- 67,367 people died from a drug overdose in 2018
- 46,802 of the drug deaths were from opioids
- 31,335 deaths from opioids were from fentanyl (DEA photo)



Breakdown of death rates from opioids (CDC)



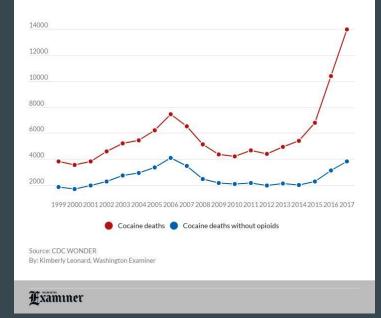
Meth and coke deaths rising



Deaths are driven by drug cocktails

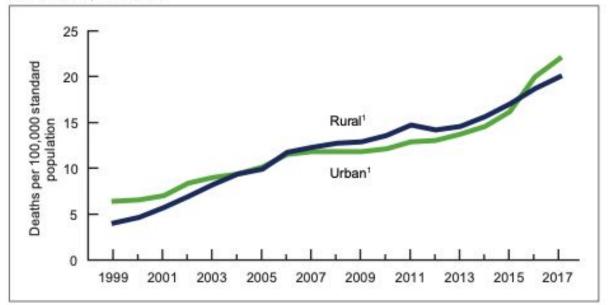
Cocaine-related deaths, 1999-2017

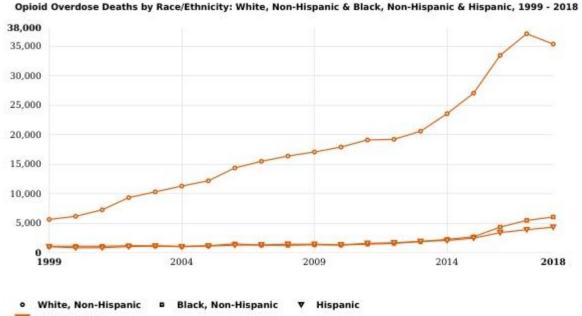
Cocaine deaths have soared in recent years, particularly when mixed with opioids. To a lesser extent, alcohol and benzodiazepines, such as Valium, also contribute to cocaine deaths.



Both urban and rural areas affected (CDC)

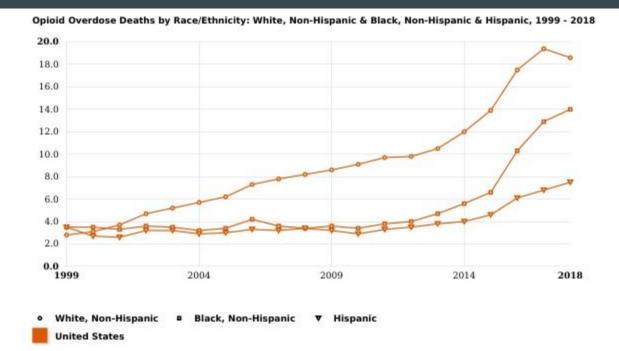
Figure 1. Age-adjusted rates of drug overdose deaths, by urban and rural residence: United States, 1999–2017





United States

SOURCE: Kaiser Family Foundation's State Health Facts.



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Policy response

- Comprehensive Addiction and Recovery Act of 2016
- 21st Century Cures Act
- SUPPORT for Patients and Communities Act in 2018
- IMD exclusion suspended in states
- Wider naloxone distribution encouraged by the surgeon general
- Syringe exchange services programs and supervised injection sites
- Medicaid expansion in the Affordable Care Act
- Expanding Medicaid to moms post-birth

Contrasts with the crack epidemic

- Anti-Drug Abuse Act of 1986
 - Distribution of 5 grams of crack carries a minimum 5-year federal prison sentence, while distribution of 500 grams of powder cocaine carries the same 5-year mandatory minimum sentence.
 - Disparity narrowed in the Fair Sentencing Act and then became retroactive in the First Step Act, applying to 2,600 people in federal prison
- 2,252 deaths from crack
- Industry influence
- Poor infrastructure: Only 10% of the 22 million people with addictions will get treatment (SAMHSA)

Deaths from alcohol misuse, 1999-2017

Deaths include alcohol poisonings, alcoholic liver disease, and cirrhosis. They do not include deaths from accidents people have while drinking.

